

Shime Te

- 1 Eri Gatame
- 2 Kata Gatame
- 3 Juji Gatame
- 4 Shiho Gatame
- 5 Sankaku Gatame
- 6 Ushiro Gatame
- 7 Namijuji Shime
- 8 Gyakujuji Shime
- 9 Ichimonji Shime
- 10 Tsukikomi Shime
- 11 Hadaka Jime Ichi
- 12 Hadaka Jime Ni
- 13 Hadaka Jime San
- 14 Dakikubi Jime
- 15 Osaegami Jime
- 16 Kote Jime
- 17 Tenada Jime
- 18 Dho Jime
- 19 Ashikarami Jime
- 20 Ashinada Jime
- 21 Ashiyubi Jime
- 22 Momo Jime

- 23 Shikano Itsusoku Jime
- 24 Shidare Fuji Jime
- 25 Tatsumaki Jime